

Gobble Wobble 5K and Fun Run!

Hey KCR! Get your Gobble Wobble on at this year's 5K and Fun Run at the Dakota Lodge, Nov. 20!
See page 9 for details and registration information.





GIVING BACK	OUR COMMUNITY	RANGER FIELD NOTES	BULLETIN BOARD	OUR COMMUNITY
Toy Drive Aims to Touch the Lives of Kids in Need	Want to Get Involved? Consider Applying for a Committee!	KCR Christmas Tree Sale – Reservations Required	MA Board Recommending Changes to Conflict of Interest Policy	New Open Space Bracelets for 2022-2024
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Fairy Tale Ending: Helping Pets Find Their Fur-ever Homes! Sponsored by CCU



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Veterans Day Celebration

Join us as we honor those who have bravely served our country on Veterans Day, Nov. 11, with a celebration at the Veterans Monument across from Shaffer Elementary School in the Plains at 10 a.m. Many thanks to our friends at Colorado Credit Union for their generous wreath donation to adorn the monument!



Master Association Dues Increase for 2022

By Victoria DeSair, Master Association Executive Director

Fall brings about beautiful colors, falling leaves, crisp temperatures and everyone’s favorite... budget discussions! The Ken-Caryl Ranch Master Association Board is considering a \$4 per month dues increase to cover increased expenses in 2022. This year’s resident survey showed that 77 percent of residents would tolerate a dues increase, and residents also requested additional shade at pools and parks, as well as increased special events. The Board took this feedback to heart and incorporated these items into the draft budget, which is posted at www.ken-carylranh.org under the *About Us* tab, then *Financials*.

- Some operating cost highlights in 2022 include:
- Trash/Recycling Contract Increase
 - Water Utility Rate Increase
 - Drainage Repairs
 - Irrigation System Repairs
 - Insurance Expense Increase
 - Cost of Living Adjustments for Staff
 - Special Events Budget Increase
 - Addition of Part-Time HR Staff
 - Facility Maintenance Expense Increase

In addition to these operational expenditures, the Master Association Board is considering funding the following projects in 2022:

- Shade Structures at Ranch House Pool and Park
- Shade Structure at Brannon Gearhart Park
- Shade Umbrella at Bradford Pool
- Additional Wildlife Surveys for Wildcat Ridge
- Open Space/Development Interface Hazardous Wildfire Fuels Assessment
- Bearproof Food Lockers for Campsites
- Median Enhancement
- Perimeter Fence Improvements

The Master Association Board will vote on the 2022 budget at its Nov. 16 Board meeting at 6 p.m. at the Ranch House and via Zoom. If you have any questions or comments about the draft budget, contact me at victoriad@kcranch.org or email the Board. Board email addresses can be found at www.ken-carylranh.org under *About Us* then *Board of Directors*.



November

All meetings will be held at the Ranch House unless otherwise noted.

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
7	8	9 6 p.m. Open Space Committee Dakota Lodge *See agenda for details	10 1 p.m. Historical Society Meeting	11 7:30 a.m. Architectural Committee 10 a.m. Veterans Day Celebration Veterans Monument	12	13
14	15 6 p.m. MD Board Meeting	16 6 p.m. MA Board Meeting	17 4:30 p.m. Covenant Control Committee	18 10:15 a.m. Storytime	19	20 9 a.m. Gobble Wobble 5K
21	22	23	24	25 Thanksgiving Administrative and Community Center Offices Closed	26 Thanksgiving Administrative and Community Center Offices Closed	27
28	29	30				

* Information regarding audio and video conferencing options for public meetings will be communicated as it becomes available. See website at www.ken-carylranh.org for details.

● Our Community

New Open Space Bracelets for 2022-2024

It’s that time again! Every three years Ken-Caryl Ranch updates the Open Space bracelets, and the new color is... drumroll please... YELLOW!

If you have an ORANGE open space ID bracelet, it is no longer valid past Dec. 31, 2021. To obtain a new yellow ID bracelet, which will be good until 2024, please visit the Ranch House or the Community Center during the following hours:

- Ranch House**
(7676 S. Continental Divide Rd.)
Monday – Thursday, 9 a.m. – 4 p.m.
- Community Center (1 Club Dr.)**
Monday – Thursday, 6 a.m. – 7 p.m.
Friday, 6 a.m. – 5 p.m.
Saturday, 8 a.m. – 4 p.m.

We have simplified the registration process and it will take just a minute to grab your bracelets and be on your way. Now that we have fully reopened our facilities, all open space bracelet registration will be in-person. We appreciate you stopping by either of the convenient locations listed above.

- If you are the homeowner, you will just need a photo ID. If you rent your home or are not the owner, you can provide any one of the following as address verification:
1. A valid Colorado Driver’s License with current KCR address.
 2. A valid Colorado I.D. with current KCR address.
 3. A valid property tax statement with the applicant’s name for the current KCR address.
 4. A valid warranty deed with the applicant’s name for the current KCR address.

5. A valid lease/rental agreement with the applicant’s name for the current KCR address.
 6. A recent utility bill (gas, water, electric, cable) with the applicant’s name and current KCR address.
- Most of our trails are on Ken-Caryl Ranch Private Open Space and are accessible only to members and their guests. Open space bracelets help rangers and volunteer patrollers quickly identify residents. It is not mandatory to have an ID bracelet when using Ken-Caryl Ranch Open Space, but if you don’t have an ID bracelet, please be prepared to stop and answer questions from a KCRMA Park Ranger or Volunteer Patroller.

There is no cost for open space bracelets. Bracelets are issued only two per household and can be temporarily transferred to house guests ONLY while they are staying in your home. Other

guests must be accompanied by a Ken-Caryl resident.

Thank you for your support of our trails! Open space bracelet information is also available at www.ken-carylranh.org under the *Open Space* menu in the *Open Space Bracelet* tab.

Interested in Advertising in Life at Ken-Caryl?

Advertising information is available at www.ken-carylranh.org under the Community & News section.

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Kristen Peterka
kristenp@kcranch.org
303-979-1876, ext. 109

Whether it’s the shopping, the football, the food, the family time or all of those things that make your Thanksgiving special, from all of us at AURA we hope this year is the best yet!

HAPPY
Thanksgiving



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Life at Ken-Caryl is a private newspaper published every other week by the Ken- Caryl Ranch Master Association. OUR PURPOSE is to bring timely information to the residents of Ken-Caryl Ranch. Permission to reprint articles is granted, provided that proper credit is given to *Life at Ken-Caryl* and the editor is notified. The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors.

NOTICE: The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of the committees, directors, management, or the community as a whole.

DEADLINE: All articles, advertisements and letters to the editor must be received by 5 p.m. on the published deadline date, which is typically the Monday of the week prior to the edition date. The deadline date is sometimes early due to holiday schedules. Deadline dates are published at www.ken-carylranh.org under Community & News, then Newspaper: Life at Ken-Caryl.

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Contact information for the Master Association and Metropolitan District Board members is available at www.ken-carylranh.org under the Administration tab.

www.ken-carylranh.org
www.facebook.com/ken-carylranh

Falling Leaves

By Brian Yowell, Community Administrator

Falling Leaves
Little leaves fall softly down
Red and yellow, orange and brown
Whirling, twirling round and round
Falling softly to the ground

Little leaves fall softly down
To make a carpet on the ground
Then, swish, the wind comes whistling by
And send them dancing to the sky

-Unknown

It’s that time of year... the closing of another chapter, a change of season. A time when we all start thinking about family gatherings and spending more time at home. And, as the snow will soon fall, now is the time to prepare your home and yard for the upcoming months. Time to put away your temporary garden fencing, hide your lawn mower and garden tools in the garage, clean your flower beds, mow your lawn one last time, put your empty flower pots away, and rake the leaves and pine needles up. I won’t even mention having your Halloween decorations put away because I know that you all have already done that, right?

Please remember that summer may end, but the need to keep our yards and home exteriors in tip-top shape and presentable does not.

Thank you, Ken-Caryl for your continued attention to detail and commitment to our community!

At your service,
Brian Yowell



Master Association Board Recommending Changes to Conflict of Interest Policy

Over the next few months, the Master Association Board will be reviewing several major policies to determine if changes should be made in order to bring policies up to date. The Board has already made changes to adopt a revised Conduct of Meetings Policy and an Access to Association Records Policy. At the Oct. 19 Board meeting, the Board reviewed potential changes to the Conflict of Interest Policy.

The Master Association’s attorney recommends an updated policy that better complies with the Colorado Common Interest Ownership Act and the Nonprofit Act. This would be a simplified policy that is standard for HOAs the attorney represents in Colorado. The recommended policy provides clearer definitions of a conflict of interest and a conflicting interest transaction. The proposed new version of the policy, as well as the current policy, can be found at www.ken-carylranh.org under *Community and News* then *Community Announcements*.

The Master Association Board will vote on the proposed policy changes at their Nov. 16 board meeting at 6 p.m. at the Ranch House and via Zoom. Residents may provide feedback at the meeting or prior to the meeting by contacting Victoria DeSair at victoriad@kcranch.org or 303-979-1876, ext. 122.

Master Association Board Voting on Stove Prairie Trail Re-alignment

The Master Association Board will vote on the proposed re-alignment of Stove Prairie Trail at its Nov. 16 Board meeting at 6 p.m. at the Ranch House or via Zoom. The proposed realignment is being recommended by the Open Space Committee and was developed by the Volunteer Trail Coordinators. A map, list of Questions & Answers (Q&A), and additional information on the project is available on the *Open Space Rules, Plans & Studies* page of our website at www.ken-carylranh.org. If you have any questions or concerns about the project, email trails@kcranch.org.

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KCR Christmas Tree Sale – Reservations Required

Get into the holiday spirit with a fresh cut Christmas tree!

The annual Christmas Tree Sale will be held at the Dakota Lodge on Saturday, Dec. 4 from 8 a.m. to 2 p.m. Based on positive feedback from last year’s event, we will use a simple reservation system again this year so that everyone can skip the line and enjoy a peaceful Christmas tree experience.

Reservations will be available in 30-minute timeslots. There will be 20 openings for each 30-minute timeslot to provide easier parking and a stress-free space for you and your family to choose your tree. KCRMA Rangers will bring out fresh trees throughout the sale, so each timeslot will have a great selection of recently cut Douglas firs. Unlike the trees found in Christmas tree sale lots, these trees are more “natural” in shape, but they will still fill your home with traditional Christmas spirit – and the delightful scent of pine!

Register online beginning Nov. 15 at 8 a.m. at www.ken-caryl-ranch.org by clicking on the Programs tab and selecting Special Events from the drop-down menu. There will be plenty of time slots available. Reservations are required; we will not be able to accept walk-ins at the event.

Rangers are requesting donations (cash, check or credit card) in exchange for the trees to offset expenses in the Open Space program. Limit one tree per family to ensure many families can enjoy this great tradition.

For the annual tree sale, the rangers harvest small diameter trees in the open space to improve wildlife habitat and overall forest health. The removal of the small trees reduces overcrowding and eliminates ladder fuels that can carry fire into a forest canopy. Trees that don’t find a home are chipped and made into mulch.

If you have any questions about the Christmas tree sale, contact the Ranch House at 303-979-1876, or email Kristen Peterka at kristenp@kcranch.org.



Want to Get Involved? Consider Applying for a Committee!

Committee Application Deadline is Nov. 19 at 5 p.m.

Committees are a vital part of managing affairs of the community. Ken-Caryl Ranch is now accepting applications for new committee members for 2021 for the following committees:

- Covenant Committee (1 opening)
- Election Committee (2 openings)
- Historical Society (unlimited openings)
- Community Planning Committee

(Number of openings TBD)

All committees are Master Association committees with the exception of the Community Planning Committee, which is a joint committee of the Master Association and Metropolitan District. Note: The other committees are still active, but do not have any openings for 2021.

All prospective committee members must apply for committee membership using the Committee Application. The application and additional information about each committee is available on our website at www.ken-caryl-ranch.org. At our website, click on the *About Us* tab and then click *Committees & Task Forces*.

If you wish to apply for membership to multiple committees, please submit a separate form for each committee.

Jefferson County Announces Important Snow Removal Updates

Due to a statewide shortage of truck drivers, Jefferson County Road & Bridge revised its Snow Removal Procedure for the 2021-22 winter season. Jefferson County plows and maintains the roads in Ken-Caryl Ranch. They appreciate your understanding as they work through this staffing shortage to best serve our community.

Community members are encouraged to work from home whenever possible on days where snowstorms affect the roads. With the new snow removal procedure, if snow accumulations are six inches or less and melting is forecasted to occur within 72 hours, snow plowing will not occur on residential roads that carry moderate to low traffic volumes or cul-de-sacs and other dead-end roads. For more information, please visit Jeffco’s website prior to driving at <https://www.jeffco.us/2838/Snow-Ice-Control>.





Sign Up for the e-News!

The Ken-Caryl Ranch e-News is a weekly newsletter distributed every Monday via email to all residents who subscribe.

To sign up for the e-News, go to www.ken-caryl-ranch.org and fill out the e-News sign-up form on the home page or send an email to allisonh@kcranch.org.

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Toy Drive Aims to Touch the Lives of Kids in Need

The holidays are right around the corner and it is full steam ahead for the organizers of the Denver Santa Claus Shop (DSCS), as they plan on keeping with tradition and their mission of “A Toy for Every Girl & Boy”, with a toy drive this holiday season! In support of this mission, Ken-Caryl residents and realtors Brian Lee and Greg Milano of Colorado Home Realty are coordinating a toy drive with Ken-Caryl Ranch, Nov. 10 – Dec. 2. The concept is to provide free, new toys to children ages newborn to 11 years old who might not otherwise have gifts to open at Christmas.

Donations will be accepted during normal business hours at the Community Center, Monday – Thursday from 6 a.m. – 7 p.m., Friday from 6 a.m. to 5 p.m. and Saturday from 8 a.m. – 4 p.m. Donations may also be dropped off at the Ranch House, Mondays through Thursdays from 9 a.m. – 4 p.m. Please note that the Ranch House is closed on Fridays.

“It’s our 91st Anniversary and we won’t let children in need go without toys this year – COVID-19 or not,” said Denver Santa Claus Shop Corporate Co-Chairs Carlee Steck and Stephany Klatt. “We

are in dire need of items for infants and older children, ages 9-11, for the 2021 Shop. With so many people experiencing difficulties in past two years, including jobs layoffs and furloughs– now, more than ever – DSCS seeks your help. Our clients are counting on your support – especially due to COVID-19. Thousands of Denver youngsters may not have any gifts to open during the holidays without your support.”

To keep kiddos, volunteers and donors safe and to adhere to COVID-19 safety guidelines, the toy drive plans on going ‘touchless’ again this year, only accepting new toys or monetary donations. Those interested in donating a new toy to a child can do so by visiting the Denver Santa Claus Shop’s Amazon or Walmart sites to purchase items directly from their wish list at <https://amzn.to/3GvnXJ9> or <https://bit.ly/3bf99j9>.

Items purchased from this list will be shipped directly to the organization for special delivery to children in need. To donate money, please visit denversantaclausshop.org/

donate and the shop’s elves will get to work purchasing new toys. “We are honored to help our wonderful community provide toys to less fortunate families,” said Brian and Greg. The Denver Santa Claus Shop provides toys to nearly 13,000 children each year. For more information on this program, please visit the Santa Claus Shop’s website at denversantaclausshop.org.



Brian Lee



Greg Milano



BRIAN LEE
303.618.6888



GREG MILANO
303.888.9228



YOUR HELP IS NEEDED!



PLEASE DONATE GENEROUSLY to the Ken-Caryl Santa Toy Drive supporting the Denver Santa Claus Shop in helping to provide “A Toy For Every Girl And Boy” this Christmas. This wonderful organization endeavors to ensure thousands of in need Denver children receive a gift for the Holidays. In order to keep everyone safe, the Denver Santa Claus Shop is gratefully accepting **ONLY NEW TOYS** or monetary donations this year. **THEY ARE IN DIRE NEED OF INFANT TOYS AND TOYS FOR OLDER BOYS AND GIRLS (9-11 YRS).**

HERE’S HOW YOU CAN CONTRIBUTE:

Purchase toys directly from the DSCS Amazon Wishlist at <https://amzn.to/3GvnXJ9> or the DSCS Walmart Wishlist at <https://bit.ly/3bf99j9>

Donate money through denversantaclausshop.org/donate or

Drop off new toys at one of these locations:
The Community Center - 6am-7pm, Monday-Thursday, 6am-2pm, Friday and 8am-1pm, Saturday
The Ranch House - 9am- 4pm Monday-Thursday
Brian Lee’s home at 2 Golden Aster, Deerwood Vista
Greg Milano’s home at 2 Coyote Lane, North Ranch

As proud sponsors, Brian Lee and Greg Milano will deliver any drop off items to the DSCS for you.

PLEASE MAKE YOUR DONATIONS BY THURSDAY, DECEMBER 2ND.

Please see the KC Santa Toy Drive article on this page for more details.

THANK YOU FOR YOUR KINDNESS AND GENEROSITY!

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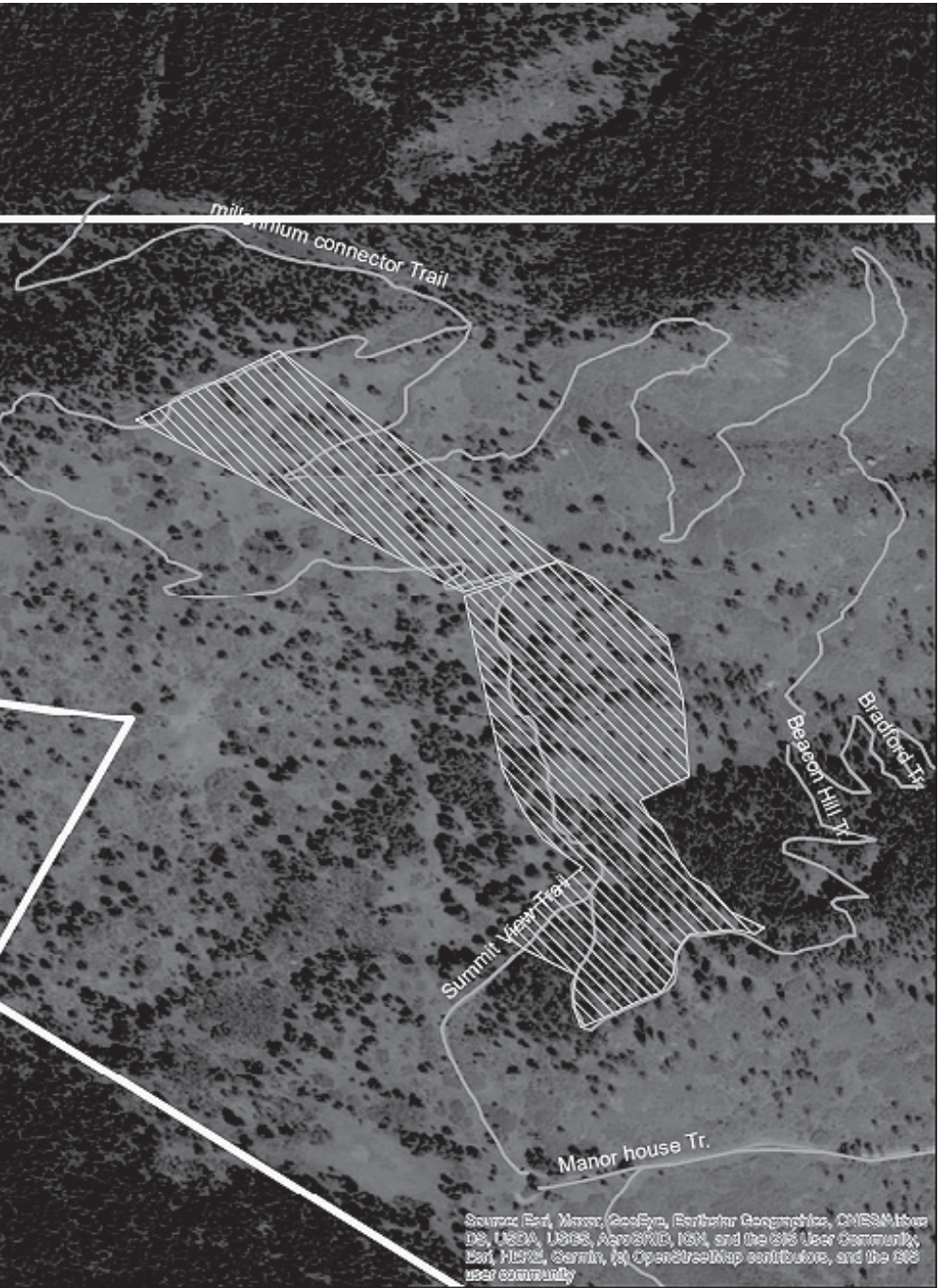
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Forestry Work to Take Place Along Summit View Trail, Beacon Hill Trail and Tin Cup Campsite

By Liam Cullinane, KCRMA Park Ranger

To mitigate wildfire risk in the open space, forestry contractor Ace Tree Care Inc., will be performing mastication work in about 20 acres of established fuel breaks along the Summit View Trail, Beacon Hill Trail and Tin Cup Campsite. Mastication is a forest thinning practice that uses heavy machinery to mulch trees and shrubs to create fuel breaks in the understory. This helps slow down fire as it moves through the forest. The goal of this project will be to clear the Gamble oak under high value trees and in the already established fuel breaks in this area. The equipment that is involved in a project like this is very large (see associated image) and can be a serious hazard to anyone near the machinery while it is in use. Because of this, we please ask that you always stay at least 300 yards away from the equipment. There will be caution signs posted at every intersecting trail, so please be vigilant and follow all instructions on the posted signs. The project will likely start the week of Nov. 22 and will last about a week. If you have any questions or concerns, please contact Natural Resources Specialist Liam Cullinane at 720-599-3247, or at liamc@kcranch.org.



Areas to be Masticated

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Life at Ken-Caryl November 10, 2021

Golf Balls in Open Space

By John Fosholt, Resident and Weed Warrior

A team of three volunteer Weed Warriors removing noxious weeds from the open space encountered, in one hour, 50 golf balls behind a Ken-Caryl Ranch home. It appears as if somebody has been driving the balls into the open space. Several of these balls barely trickled out of the adjacent yard, as though struck by a three-year-old. Perhaps parents should be looking for toddlers borrowing their clubs...?

Eco-researchers report that conventional golf balls persist in the environment for at least 100 years, and perhaps as many as 1000 years. The penalties for littering open space with golf balls vary by jurisdiction. This year, a golfer named Jake Adams was cited by the U.S. Justice Department with a \$5,000 fine and potential jail time for driving golf balls into our national parks. Adams had posted photos and videos on social media as he smacked golf balls into protected lands including Yosemite and Yellowstone National Parks.

The effect of abandoned golf balls upon wildlife is hard to assess, but foxes have been known to take balls to their dens, where fox kits chew on them. A golf-ball-obsessed fox in Steamboat Springs lost all of its body hair, as documented in local news reports. A few of our Weed Warriors have also lost hair while collecting abandoned golf balls. My physician tells me that it is a pre-existing condition, but I have noticed a lot of bald golfers hunting for little white balls.



2021/10/26



Mike Schmisek
Owner
Ken Caryl Resident

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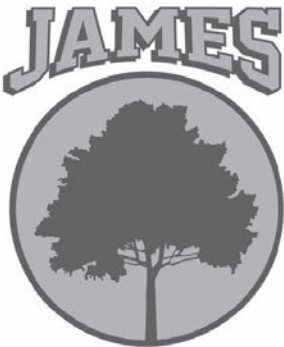
◆ Special Events

Happy Holiday(s) Bazaar!

The Holiday Bazaar is back this year! If you're looking for some hand-crafted holiday gifts from local artisans, then you don't want to miss this highly anticipated event! Be sure to join us at the Ranch House, Saturday, Nov. 13 from 9 a.m. – 4 p.m. Admission is \$2.

*Please note that the bazaar is no longer accepting additional vendors, as the event is full this year.

6th Annual Gift & Craft
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Mental Health Matters

By Traci Wieland, Metro District Manager

Did you know that Colorado consistently ranks among the 10 top states in suicide deaths, and the death rate has been increasing? According to the CDC, the suicide death rate in Colorado was 17.2 per 100,000 in 2015, 19.9 in 2014, and 22.1 in 2019 when Colorado had the 5th highest rate. Ken-Caryl Ranch Metropolitan District, in collaboration with resident Dr. Matt Mishkind, will be offering a new series of free one to two-hour educational sessions designed to help community members better understand mental health and the prevalence of mental health concerns, common signs indicating that someone may be struggling, and ways that we can help each other as friends, neighbors and community members.



Dr. Matt Mishkind

These sessions are not clinical, but rather designed to give community members tools and information to help other community members.

Sessions offered include three topics; however, other topics may be introduced in later sessions based on interest. The first session focuses on Mental Health 101 and Suicide Awareness. This session will cover statistics, facts, myths and warning signs for common mental health conditions. Dr. Mishkind will discuss the critical need for suicide prevention and changing dialogue about mental health. The training is designed for anyone, including parents, friends, neighbors, teachers, advocates, doctors, nurses, office supervisors, first responders, etc., to recognize and refer someone at risk of suicide.

The second session will focus on Navigating the Mental Health System since this process can be difficult, and many people find themselves asking questions like, “who should I talk to?”, “what’s the difference between a psychiatrist and psychologist”, “will my insurance pay for this?” and “why is there such a long waitlist?”. This presentation will help answer these and other questions about engaging with the mental health system, discuss some of the barriers to treatment and provide tips and resources for community members to help other community members navigate the system in times of need.

The final session will be about Burnout and COVID. Most employed adults in the United States report feeling increased levels of burnout. Married and child-rearing adults are most likely to report complete burnout. This session will offer practical tips on how to navigate increased stressors in the workplace due to the COVID-19 pandemic. Over half of U.S. adults report experiencing increased levels of stress, emotional exhaustion, increased anxiety, increased feelings of sadness and increased levels of irritability. This presentation will focus on combating burnout in a “post”-pandemic world.

All sessions are facilitated by Dr. Matt Mishkind, who is also a Ken-Caryl Ranch resident. Dr. Mishkind is a faculty member with the Departments of Psychiatry and Family Medicine at the University of Colorado School of Medicine, Anschutz Medical Campus. He currently serves as the Deputy Director for the University of Colorado Johnson Depression Center, as the Director of Operations for the Steven A. Cohen Military Family Clinic at the University of Colorado Anschutz Medical Campus, and as Director of Strategic Facilitation, Office of Telehealth and Technology Implementation for Behavioral Health Practice and Science (TIPS). Dr. Mishkind is a certified QPR, Working Minds: Suicide Prevention in the Workplace and Mental Health First Aid trainer. He regularly trains on these and other topics and presents at professional conferences. He holds SHRM-SCP and SHRM Veterans at Work certifications and Mental Health First Aid for Veterans designation. He graduated Phi Beta Kappa with a B.S. in Psychology from the University of Oregon and received both his M.A. and Ph.D. in Experimental Psychology, with a focus on Organizational Psychology, from the University of Vermont. He has over 40 publications primarily focused on improving access to behavioral health care and has been an author on several best-practice guidelines for tele-mental health.

Sessions are held at the Ranch House and pre-registration is required. Go to www.ken-carylranh.org and click the “Register” button at the top of the page. Space is limited to 30 spots and it is not required to attend each session. These presentations are intended to be inclusive, open and non-judgmental.



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• Bulletin Board

Your Tax Dollars at Work: The Metropolitan District 2022 Budget

By Traci Wieland, Metro District Manager

The Metropolitan District was able to end 2020 with higher than anticipated excess revenues over expenditures, and that trend continues with similar projections for end of year 2021. This translates to a healthy fund balance. Therefore, the District is looking to spend a portion of that accumulated fund balance on a long list of capital projects. Those projects include ADA improvements, a shade structure at Community Center pool, North Ranch Park improvements, tennis court resurfacing, curtains at the tennis center, a new boiler at the Community Center Pool and much more.

The District Board will be considering these projects, and the rest of the budget, at two upcoming public meetings. In addition to the meeting held on Oct. 26, subsequent meetings will take place on Nov. 15 and Dec. 7. Please note that the November and December meetings are not on the District’s traditional 4th Tuesday of the month to accommodate statutory budget requirements and holiday schedules. All three of these meetings include a public hearing specific to the 2022 budget, so we encourage the public to get informed by reviewing the draft budget posted to the Ken-Caryl Ranch website at www.ken-carylranh.org.

As always, we encourage resident participation at the meetings as well. If you have questions about the budget, the planning process, or any of the projects or programs addressed, feel free to contact Metro District Manager Traci Wieland at 303-979-1876, ext.,136, or via email at traciw@kcranch.org.



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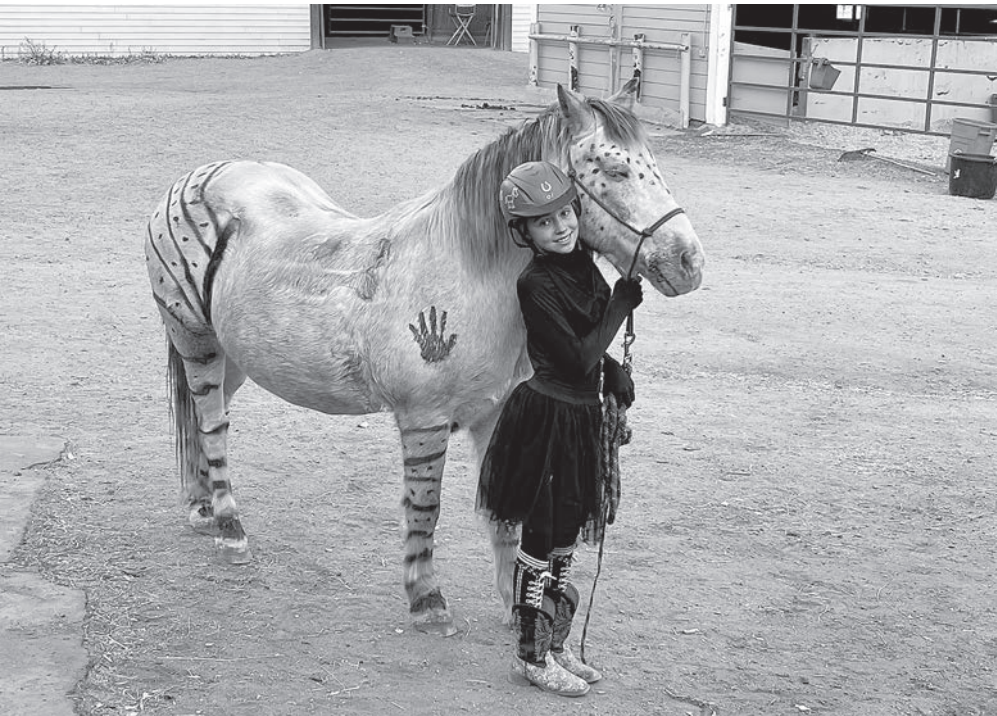
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Halloween is (Also) for Horses!

Who says Halloween is only for kids? This year, our four-legged neigh-bors also got into the “spirit” at this year’s Ken-Caryl Equestrian Center boarder Halloween event on Oct. 30! Residents and riders had a spook-tacular time dressing up, enjoyed a chili cook-off, a costume parade and then a ride through the neighborhood!

Photos courtesy of resident and rider Kathy Smith.



Get ready to Gobble... Wobble!

Thanksgiving is coming and so is our annual Gobble Wobble! Gather the family together for this fun, festive 5K and Fun Run! Join us on Saturday, Nov. 20 at 9 a.m. at the Dakota Lodge for a race through Ken-Caryl's open space!

- Fun Run: 9 a.m. 5k: 9:30 a.m.
- Children 6 and Under: Free
- Children 7 – 17: \$15 In-District / \$18 Non-District
- Adults: 18+: \$35 In-District / \$42 Non-District
- Family of 4 Bundle: \$90 In-District / \$108 Non-District

Event registration is now open, and accessible via our website at www.ken-carylranh.org. Registration closes on Nov. 17. The first 250 registered participants will receive a Ken-Caryl Ranch Beanie! Participants can also register at the event.

Racers can pick up their pre-registration packets at the Community Center on Nov. 18 between 12-7 p.m. and Nov. 19 between 6 a.m. – 5 p.m.

Packet pick up is required to be done prior to race day! Many thanks to our generous event sponsors, Platinum Sponsor Rob Stewart with State Farm and Gold Sponsor Crystal Wurschmidt Adams with Equity Realty!





2021 Ken-Caryl Ranch

GOBBLE WOBBLE

Join us on November 20th at the Dakota Lodge for our Gobble Wobble 5K and Fun Run!

Fun Run: 9:00am
5K: 9:30am

Children 6 and Under: Free
● Children 7-17:
Resident \$15 Non-Res: \$18
Adults 18+:
Resident: \$35 Non-Res: \$42
Family of 4 Bundle:
Resident \$90 Non-Res: \$108

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Fairy Tale Ending

Helping our furry friends find homes.

Every adorable, adoptable resident of Foothills Animal Shelter lacks only one thing: *a happy home*. Please consider adopting one of this week's featured pets:



Chongo (#233750): Chongo is a 7-year-old, male American Pit bull mix. Handsome and endearing beyond description, Chongo has a cute, square face, squat little body and a tail that's just a blur going miles-a-minute. This sweet fellow has experienced quite a bit of tumult in his life recently and is looking forward to some gentle stability. Though capable of brief, polite interactions with other dogs, he is uncomfortable around them and, at this time, he would prefer not to have to navigate new canine relationships (he is recommended for a single-dog household with older children).



Bocce (#230069): Bocce is a 4-year-old, female cat. Sleek, athletic and playfully interactive, this beautiful tabby is eager to find a family that will appreciate her skills as well as her quirks. Bocce is generally independent, preferring demonstrations of affection to be brief and when she's asked for them and playful encounters, opportunities for exploration and mealtimes form the roadmap for winning this sweet girl's heart. Because Bocce can become slightly agitated by the proximity of other cats, the shelter will only rehome her to a single-cat household, with children aged 10 or older, at this time.

Visit www.FoothillsAnimalShelter.org to find out more about Chongo, Bocce and other deserving pets in need of good homes.

Picture This!

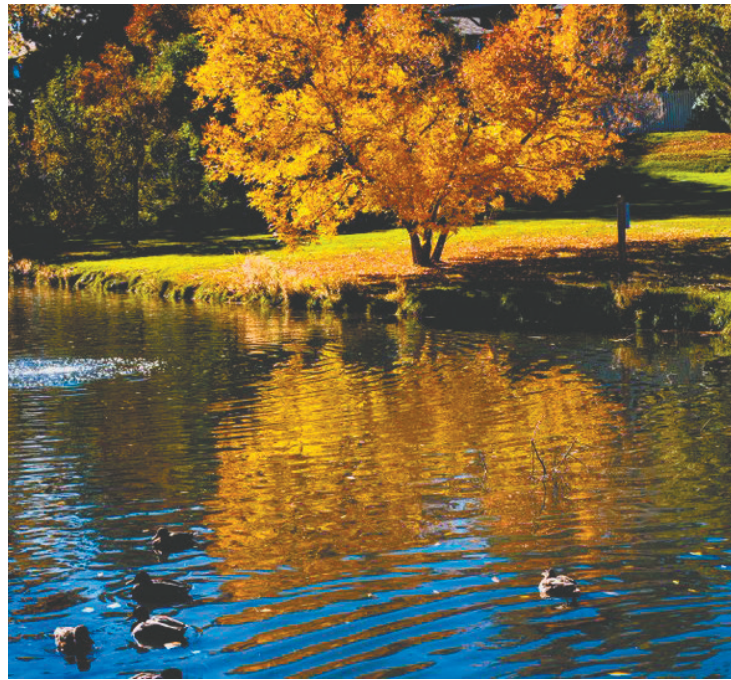
Sunrise

Resident and Metro District Guest Services Specialist Ellen Roessel snapped and shared this beautiful sunrise from her home in the Valley.



Getting his Ducks in a Row!

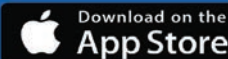
Resident Wayne Broussard captured this great photo of our feathered residents enjoying a dip in the pond by Shaffer Elementary School in the Plains.



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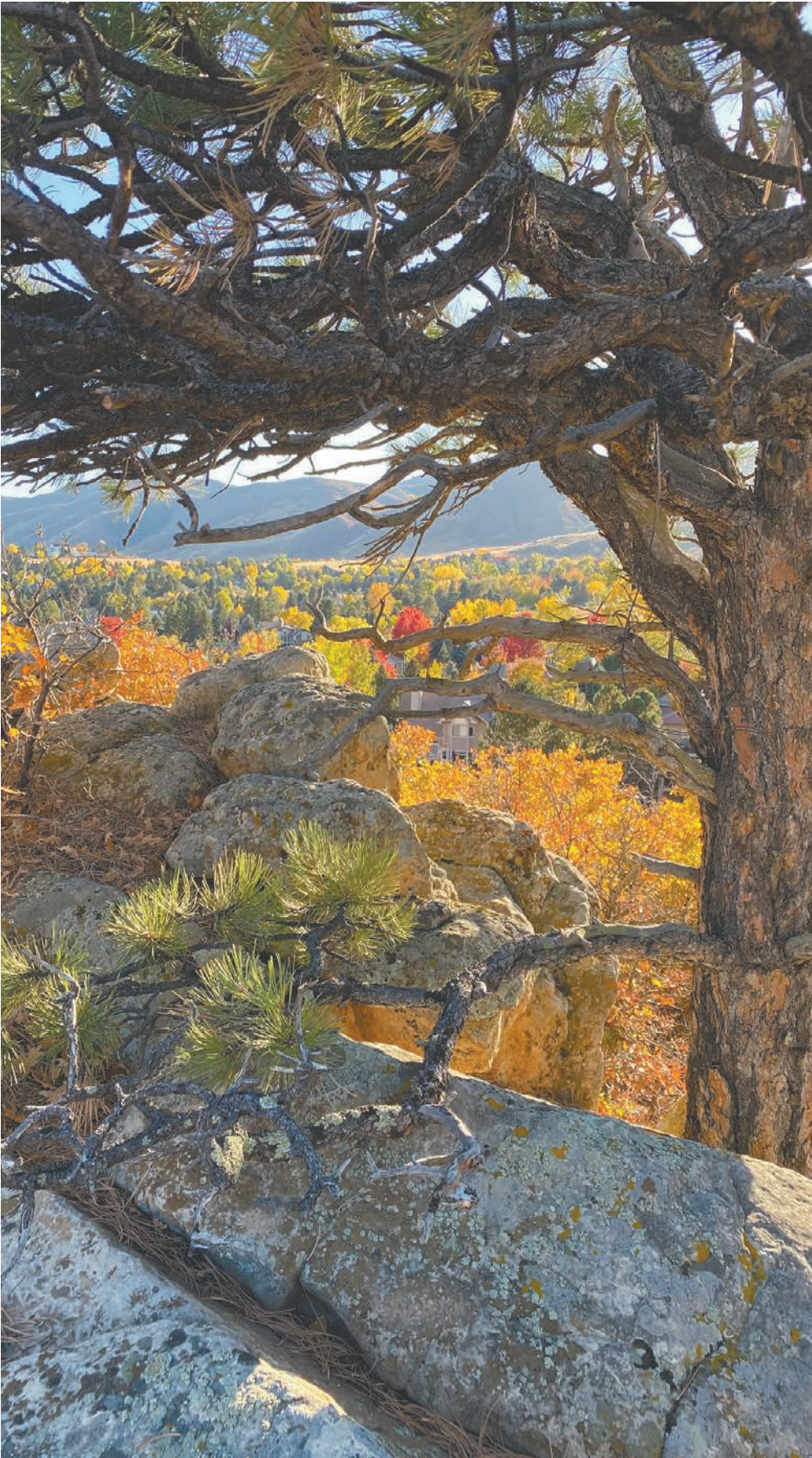
Fall Beauty

Resident Edmund Dornfeld took this incredible photo that beautifully depicts fall in Ken-Caryl Ranch!



Valley Views

Resident John Decker’s daughter, Noelle, took this stunning photo while hiking around the North Ranch last month.





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Getting in the ‘Swing’ of Things!

Come “swing” by the Ranch House playground to check out the new accessible swing! It’s a sign of things to come!

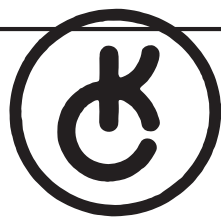
11

Life at Ken-Caryl

November 10, 2021

RECREATION PROGRAMS & ACTIVITIES

Register online at www.ken-carylranh.org today!



Special Events

Kate McDonald
Aquatics and Community Coordinator
katem@kcranch.org
303-979-1876, ext. 131

Veterans Day Celebration

Join us as we honor those who have bravely served our country on Veterans Day, Nov. 11, with a celebration at the Veterans Monument across from Shaffer Elementary School in the Plains at 10 a.m.

Many thanks to our friends at Colorado Credit Union for their generous wreath donation to adorn the monument!

Holiday Bazaar at the Ranch House, Nov. 13

The Holiday Bazaar is back this year! If you're looking for some hand-crafted holiday gifts from local artisans then you won't want to miss this highly anticipated event! Be sure to join us at the Ranch House, Saturday, Nov. 13 from 9 a.m.-4 p.m. \$2 admission. Pre-purchase your admission at www.ken-carylranh.org.

Gobble Wobble 5K and Fun Run

Mark your calendars! Thanksgiving is coming and so is our Annual Gobble Wobble! Gather the family together for this fun, festive 5K and Fun Run! Join us on Saturday, Nov. 20 at 9 a.m. at Dakota Lodge for a race through Ken-Caryl's open space!

Fun Run: 9 a.m.
5k: 9:30 a.m.

Children 6 and Under: Free
Children 7-17: \$15 In-District / \$18 Non-District
Adults: 18+: \$35 In-District / \$42 Non-District
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For additional event details, please visit www.ken-carylranh.org.

Holiday Happenings

Mark your calendars for Holiday Happenings, Dec. 5 from 1-7 p.m. at the Ranch House! Visit with Santa, enjoy a horse-drawn carriage ride, treats and more! Stay tuned—more information to come!

Volunteers Needed! We are looking for volunteers to help with our upcoming holiday events. Please contact Kate McDonald katem@kcranch.org for more information!



Tennis & Pickleball

Robert Campbell
Tennis Program Supervisor
robert@kcranch.org
303-979-2233, ext. 202

Evening Cardio Tennis!

Get into the game with Cardio Tennis! Here's the game plan:

- Wednesday 6 p.m., level 3.5+
- Wednesday 7 p.m., level 3.0 and below
- Friday morning 8 a.m., level 3.5+
- Friday morning 9 a.m., level 3.0 & below
- Saturday morning: 8 a.m., level 3.5+

Be sure to mark your calendars! Online registration opens 48 hours in advance at www.ken-carylranh.org.



KC Fitness

Janet Robbins
Fitness Coordinator
janetr@kcranch.org
303-979-2233, ext. 185

From Boomer Fitness to H.I.T.T. it Hard to Zumba, we've got fitness classes that appeal to all skill and interest levels! For the latest fitness class information, class descriptions, schedules and to register, please visit our website at www.ken-carylranh.org!

Fitness Classes & Personal Training

Please visit our website for the most up-to-date information on classes, hours and fitness sessions at www.ken-carylranh.org.

Two free classes in November!

Come try a TRX Suspension class for FREE at the KC Fitness Facility. The dates of the classes are Tuesday, Nov. 9. from 5:30-6:30 p.m. and Thursday, Nov. 11 from 9:15-10:15 a.m. Pre-registration is not required.



Youth Programs

Lizz Brock
Recreation Supervisor-Youth Programs
lizzb@kcranch.org
303-979-1876, ext. 132

Winter Break Camp is coming!

Sign your school-age kiddo up for a wild time this winter! Our Winter Break Camp is located at the Ranch House with a scheduled off-site field trip planned each day (weather dependent)! Public registration opens online Nov. 15. Find more information on our website at www.ken-carylranh.org and get registered! Email youthprograms@kcranch.org with questions!

Enroll in our spring Nature Enrichment Programs!

Registration begins Nov. 15 for our Preschool Nature Enrichment Programs spring session! Secure your spot early! These programs take place at the Dakota Lodge and are for children ages 3-6 and potty trained. This program is ideal for preschoolers, part-time kindergartners or students attending home school. Each week has a new and engaging topic to look forward to!

Outdoor Discovery meets Mondays and Wednesdays from 12:10-3 p.m. This program allows your budding explorer to experience nature with experiments, hikes and opportunities to view wildlife in the community.

Art Ventures meets Fridays from 12:10-3p.m. This enriching program brings opportunity for students to explore and connect to nature in new ways through artistic learning and outdoor exploration!

For more information and to register, please visit our website at www.ken-carylranh.org.

Story Time at the Ranch House

Join us for Story Time at the Ranch House, in partnership with Jeffco Public Library, each Thursday from 10:15-10:45 a.m. Due to community feedback, Story Time will take place outside of the Bradford room on the grass in front of the Ranch House until the weather forces us to move it inside.

Please take note: There will not be Storytime on Nov. 11 and Nov. 25. Storytime will still take place on all other Thursdays in November at 10:15 a.m. at the Ranch House. Thank you!



Youth Programs

Ken-Caryl Ranch B&A Care Program

The KCRMD Before and After Care Programs serve Shaffer Elementary and Bradford Schools. We strive to promote healthy development through experiential, explorative and fun opportunities! Register and pay only for the days you need each month. We also offer year-round care providing full-day care on most school holidays and breaks! For more information visit our website or contact Lizz Brock at LizzB@kcranch.org.



Teen Programs

Babysitting Clinic

This course is designed for pre-teens and to help prepare them for those first babysitting opportunities. Students will learn to identify their own responsibilities and personal safety. Basic child care, including feeding, bathing and diapering will be covered. Participants will also learn basic child development and be able to provide activities for the many developmental stages. Home and fire safety and prevention and treatment of common injuries will also be covered. Ages: 11-14 years. Register at www.ken-carylranh.org.



Sports & Athletics

Kate McDonald
Aquatics and Community Coordinator
katem@kcranch.org
303-979-1876, ext. 131

Challenger's 3-Day Thanksgiving Soccer Camp

Looking for something fun to keep your kiddos active and fit over the Thanksgiving break? Then consider registering them for Challenger's 3-Day Thanksgiving Soccer Camp at the Ranch House, Nov. 22-24!

For more information, and to register, visit their website at www.challengersports.com.

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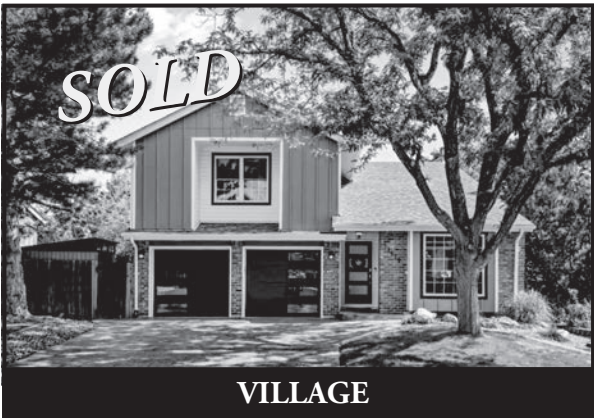
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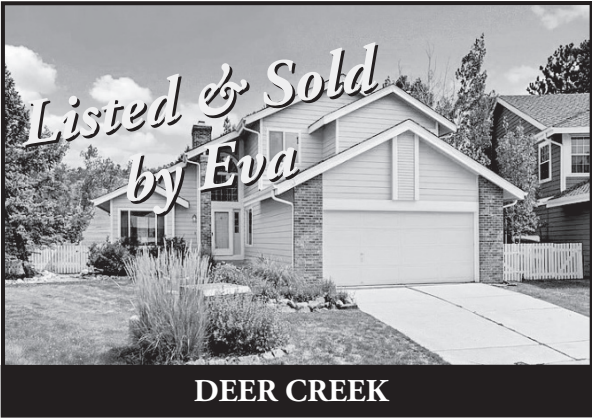
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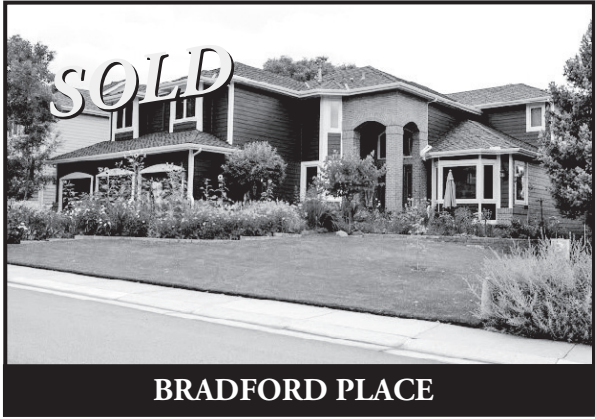
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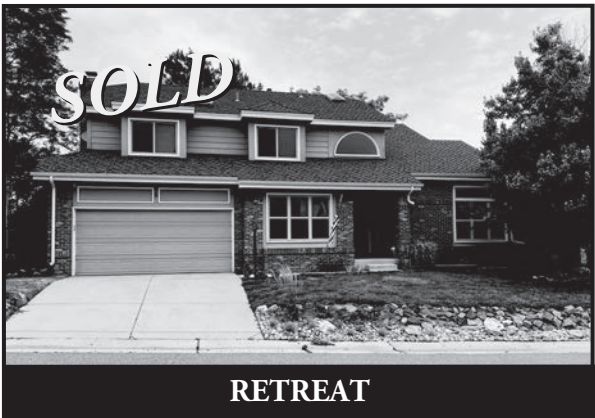
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		1 Amaranth	10 Shining Oak

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Annual Pumpkin Races in the Valley were a Huge Smash!

By Brean Small, Resident and Realtor. Photos courtesy of Alex Gates & Paige Weiman of Denali Media.

The 6th Annual Pumpkin Races were held Sunday, Oct. 24 on Willowleaf Dr. in the Valley and have been hosted annually by residents Dave and Jill Nash. The Nash family moved into Ken-Caryl Valley in the spring/summer of 2015. Coming from a community that they were very entrenched in, Dave and Jill and their three children wanted to try and recreate a sense of community. It is important to them that their children learn that giving back is rewarding and fun.

The idea for the Pumpkin Races was inspired by the Pumpkin Races that are held in southern California in Manhattan Beach, which is one town north of where Jill grew up. Starting something new, and clearly unique, in this neighborhood six years ago was interesting. In fact, most people didn't buy into the idea the first year. There were 29 pumpkins in that first year and about 100 people showed up to watch. This year, an estimated 350-400 people came to watch the 45-pumpkin race. The Nash family thinks the real rocket fuel to the event are the designs of the pumpkins.

"People get really creative on the designs, and the contest for "Favorite Pumpkin" is a hotly contested aspect of the day," explain Dave and Jill Nash. "Over the six years the races have been conducted, we have seen the races grow in popularity as more people come to witness the spectacle of 30-lb. pumpkins racing down Willowleaf!"

The races have been held – rain or shine – in years of really nice weather and even

in a snow storm in 2019. It doesn't seem to deter the racers or the fans.

"I can't properly put into words the pure joy Jill and I feel every year as Pumpkin Racers begin to fill up our yard," said Dave Nash. "Our kids are getting older, Katie Jane (16), Kellan (13) and Braden (10), and the races have become part of their lives every year. It's really cool to watch them bring their friends in to help them design their own pumpkins. Our 13-year-old, Kellan, even mentioned this year how someday he will take over the tradition. That made Jill and I really proud."

While offering a fun way to foster community connections, the annual race also allows for participants and hosts to give back to the community. In fact, the winner of the races gets to determine which charity to support with the funds from the race. This provides an incentive to racers to design the fastest and straightest travelling pumpkin imaginable to be able to support the charity or cause they hold dear.

The races are conducted in single elimination tournament with the winner moving on to race again. The charities have ranged from the Tennyson Center for Children, two animal rescues, Project Adam and St Jude Children's Hospital (two years in a row). As a result, St Jude's has been able to purchase an inscribed brick, each year, to be placed on their main campus in Tennessee to be included in their Pathway for Hope. The brick's inscription this year was Rona Donahue, Ken-Caryl Pumpkin Races, Champ 2021.

The work Dave and Jill put into this event is fueled by pure passion to see everyone happy for a few hours. Dave says that for him personally, he does it for one thing over any other reason, "On the day of the event while races are happening, I will look

over and catch my wife smiling. That's all it takes for me."

According to the Nash family, the event is as good as the community wants to make it, each year.

"We couldn't do it without the help of our sponsor, Bre Small REMAX Professionals, friends Josh and Karen Christensen, our

neighbors John and Lisa Lasasso and all of the racers and patrons who take time out of their schedules to make the day spectacular!"

A final note, always remember to look both ways, you never know when a pumpkin is coming at you to take your ankles out!



A passion for all things pumpkin – races! A birds-eye view of KCR friends and neighbors gathering to enjoy the 6th Annual Pumpkin Races in the Valley, hosted by residents Dave and Jill Nash.



Event co-host and resident Jill Nash at this year's race.



Event co-host Dave Nash really gets into the 'spirit' of the games!



Rona Donahue takes first place in this year's races, choosing to use the event proceeds to benefit St. Jude Children's Hospital.

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Community Survey Summary

Ken-Caryl Ranch conducted a community-wide survey in June 2021 with an overwhelming 51 percent response rate from the community! The Community Planning Committee (CPC), a group of 11 volunteers that worked with a contractor to design the survey, reviewed the results and presented recommendations to the Metro District and Master Association Boards last September. The full survey results and CPC recommendations are available at www.ken-carylranh.org by clicking on the *Community & News* tab and selecting Community Survey from the drop-down menu.

Key findings from the survey included support for an HOA dues increase as well as the following recommendations from the CPC:

Priorities for 2022:

- Temporary shade structures for all three pools
- Increased special events
- Picnic areas / pavilions in parks

Future Recommendations:

- Dog Park Task Force
- Improved crosswalks and speed control
- Sensitive Resource and Recreation Management Plan
- Direct staff for fire mitigation in open space
- Multi-year funding for picnic areas / pavilions in parks

Based on the survey results and CPC recommendations, the priority items listed above are being considered in the draft 2022 budgets for the Master Association and Metropolitan District. In addition to the survey data, there were eight questions on the survey with the potential for write-in responses. All write-in responses, with context provided by Corona Insights, the survey consultants, are available at www.ken-carylranh.org by clicking on the *Community & News* tab and selecting Community Survey from the drop-down menu.

Community Planning Committee members read all the open-ended comments and identified common themes and new ideas. Corona Insights provided the following recommendations to the CPC in regard to reviewing the open-ended comments:

- Open-ended comments are useful for two things:
 - o Identifying brilliant new ideas OR
 - o Identifying an overwhelming pattern that was missed in the rest of the survey.
- Corona insights uses 10 percent as a guide to identify critical mass and the open-ended comments related to

- any specific subject do not generally represent 10% of the population. They are instead a tool for humanizing the data found in the rest of the survey.
- The quality-of-life question from the survey does NOT match the open-ended feedback. 96 percent of residents say KCR is good, very good or great.
 - Strong feelings are more memorable and may make some issues feel more powerful than they truly are.
 - The average word count of a satisfied person is ten words. The average word count of an unsatisfied person is 150 words. When reviewing open-ended comments, the ten satisfied words carry the same weight as the 150 dissatisfied words.

Following recommendations from Corona Insights, the CPC did not quantify the open-ended responses, but instead looked for brilliant new ideas or overwhelming patterns.

The CPC collaboratively developed the following list as a summary of the five notable topics from the open-ended responses:

- Desire for increased shade at parks and playgrounds
- Concerns regarding overall safety and support for cameras, enhanced street lighting and increased Jeffco Sherriff presence
- Dissatisfaction with pool fees
- Concerns regarding the polarization of the community related to trails. *(Please note: the common concern was polarization rather than the trails themselves.)*
- Desire for dead tree removal and replacement

The following topics, either new ideas or common themes, were also identified by the CPC from the open-ended comments section of the survey:

- Support for concessions at the pools
- Disc Golf – some residents would like to participate but do not know how to play
- Electronic version of the *Life at Ken-Caryl* newspaper
- Concerns regarding bikes on trails, bike teams, groups and non-residents using trails and suggestions to designate trail usage days for different user groups
- Support for pickleball
- Support for a dog park
- More events and activities for seniors and/or small neighborhood gatherings

- Dynamic activity pricing with discounts for multi-packs or certain hours
- Concerns regarding median maintenance
- Concerns regarding fences
- Perceived division between the Plains and Valley
- Concerns related to covenant enforcement, street sweeping, diversity in the community, trash collection, the number of trail-related questions on the survey, MA and MD finances and no water available at back country camping sites
- Concerns related to the new housing development
- Increased publicity for community events
- Challenges related to tennis court scheduling and courts being reserved, but not used
- Support for continuing Zoom meetings for public meetings

This CPC summary includes common topics or new ideas from the open-ended comments in the 2021 Community Survey. The CPC is not providing any recommendations associated with this information, but is instead providing it as context for the existing survey results. For more information, please visit www.ken-carylranh.org and click on the *Community & News* tab and select

Community Survey from the drop-down menu.



Sign Up for the e-News!

The Ken-Caryl Ranch e-News is a weekly newsletter distributed every Monday via email to all residents who subscribe.

To sign up for the e-News, go to www.ken-carylranh.org and fill out the e-News sign-up form on the home page or send an email to allisonh@kcranch.org.

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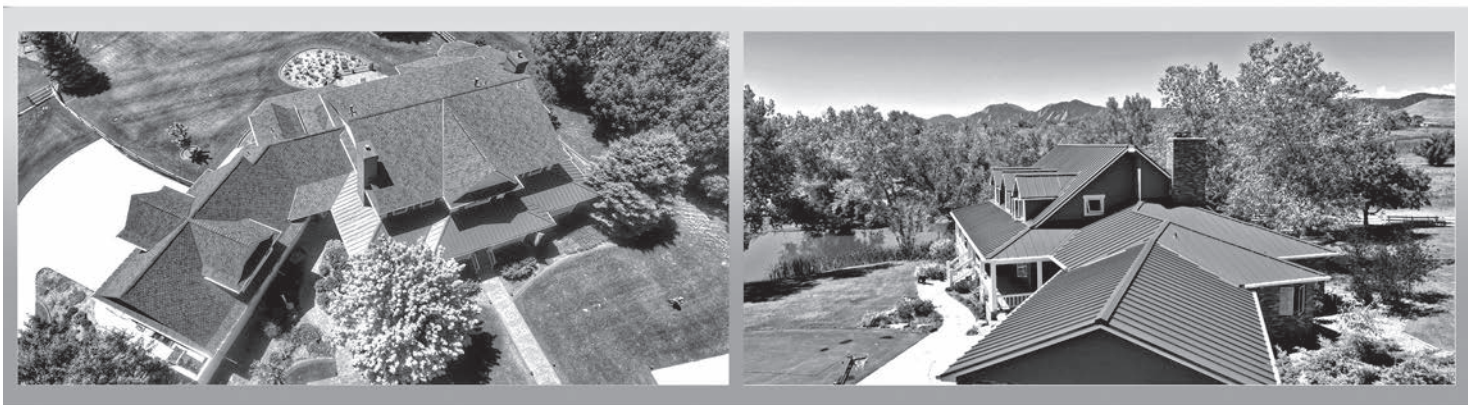
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This Year's Boo Bash was a Smash!

Many thanks to all of our residents, attendees, host cars, staff and sponsors for helping to make this year's Boo Bash at the Ranch House a success! Attendees of all ages had a delightfully devilish time and kudos to all of our resident and business host cars for their creativity in decorating their vehicles for a safe trick-or-treating experience!

A big shout out to our event sponsors, including Rob Stewart with State Farm, Susan Kutis with Blue Sage Dental, Colorado Credit Union and B.D.R.H. Oil & Gas, owners/operators Sami and Lexi for their generous support!



◆ Special Events

Holiday Happenings at the Ranch House, Dec. 5

Ho, ho, ho-liday! Mark your calendars! Holiday Happenings at the Ranch House returns on Dec. 5 from 2-7 p.m. Attendees can enjoy taking photos with Santa, a horse-drawn carriage ride, hot chocolate and more! Online pre-registration for photos with Santa opens on Thursday, Nov. 11 at 9 a.m. at www.ken-carylranh.org.



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LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED from any Ken-Caryl resident in good standing or from any elected official or political candidate. Letters should be concise — no letters over 350 words—and must be received by 5 p.m. on the published deadline date, which is typically the Monday of the week prior to the edition date, but the day can vary due to holidays. Deadline dates can be found at www.ken-carylcranch.org.

At present, the method for submitting letters to the editor is by email to Allison Hefner at Allisonh@kcranch.org. A response will be sent via email when a letter or article is received. If you do not receive a response, call 303-979-1876, ext. 108, to confirm receipt.

We do not print anonymous letters. Letters must include name, address and phone number (daytime), but only the author's name and "Ken-Caryl Resident" or applicable government office will be printed in the paper. Residents may submit up to eight letters to the editor per calendar year. More than one letter per resident may be published in a single issue of the paper provided that the letters are not about the same subject. Letters

will be printed on a space available basis and may be edited. Editor retains right to appropriateness and content. Letters will be published with plain text; use of all caps, italics, bold or excessive exclamation points will not be allowed.

Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, *Life at Ken-Caryl* or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word.

Email to allisonh@kcranch.org.
 Deadline for Nov. 24, 2021 issue: Nov. 15, at 5 p.m.

Dear Editor,

The other day, wanting to know what the fuss was all about, I hiked the Stove Prairie Trail, all .4 mile of it. What I found was a flat, inconsequential, but pleasant country road-like path backing up to the North Ranch. I also viewed the red flags about 50 feet up marking the proposed new trail. My question is, why? Unlike the Colorow ravines and the path behind the stable,

I see no ruts or signs of deterioration. I see no purpose in creating a duplicative new trail. It's a waste of money and short-sighted, especially in view of the massive increase in current trail usage and maintenance needs in the foreseeable future with the new development coming.

My vote? A resounding "no" to this further spoilage of our open space.

Deb Beckmann, Resident

Dear Editor,

The Stove Prairie reroute. Consider: The entire trail system encompasses 45 miles, which is about 240,000 linear feet. This reroute encompasses about 1,700 feet, which is a little less than 1 percent of the system. In the last several years, we have done reroutes on the Valley entrance (Lyons), Lark Bunting connector and the East Plum Thicket/Manzanita complex. Each were longer and arguably more involved: we received a lot of input from residents which resulted in moving alignments, we had biological input from staff, which resulted in additional adjustments, and the trails themselves are highly visible to a larger number of eyeballs.

The Open Space Committee (OSC) has been discussing Stove Prairie off and on for two years. In addition, staff had a public comment period that lasted the duration of the summer and included signs, a QR code with link to info and a means to email comments for the OSC meeting packet in September. The trail coordinators also met in the field with staff, interacted with neighbors as flags were planted and responded to questions during meetings. Coming into the OSC meeting, there were 17 written comments in favor, and 19 against, mostly from North Ranch (one against was an OSC member). Since that meeting, there have been additional comments both for and against. Ample time to comment indeed.

What I believe this decision boils down to is:

- If we were building a new trail in this location, would the existing alignment meet our standards? No.
- Is the cost (roughly \$9k) to build a new sustainable tread reasonable in the context of other similar projects? Yes.
- What is the objective of a trail at its core? Sustainable access.

Based on these criteria, I believe this reroute makes sense.

Josh Holmberg, Resident



Improving Children’s Vision, One Child at a Time

There’s something for everyone at Ken Caryl. The community and surrounding region are home to an array of amenities. However, there’s one thing that’s been missing until recently—an eye care practitioner certified to offer the nation’s first FDA-approved¹ contact lens proven to slow the progression of myopia or nearsightedness in children between the ages of 8 and 12 at the initiation of treatment.

As the global pandemic escalates and kids are spending more time on digital devices, parents’ concern about their children’s vision are rising. In what is certain to be good news for families, a local optometrist is now offering life changing treatment to help improve children’s eye health. Dr. Beth Seidman, OD, of Eyecare Center of Ken Caryl, is now a certified Brilliant Futures Myopia Management Program prescriber of MiSight 1 day contact lenses.

Like much of the world, myopia is on the rise in the United States and becoming more severe. More than 40 percent of Americans are myopic. That number is increasing at an alarming rate, especially among school age children.² According to the latest findings from the landmark CooperVision MiSight 1 day clinical study, nearly one in four children’s eyes originally fit with MiSight 1 day remain stable for myopia after six years.³

Over the past year, myopia management has become mainstream practice among the country’s best optometrists with a scientifically proven product. Dr. Seidman joins more than 1,500 fellow eye care practitioners who have become certified Brilliant Futures™ Myopia Management Program prescribers, with the number of children enrolled growing by the day.

To learn more about the Brilliant Futures Myopia Management Program, contact Eyecare Center of Ken-Caryl at 8321 S Sangre Drive Cristo Rd Littleton, CO 80127 303-973-6333



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[1] Indications for use: MiSight® 1 day (omafilcon A) soft (hydrophilic) contact lenses for daily wear are indicated for the correction of myopic ametropia and for slowing the progression of myopia in children with non-diseased eyes, who at the initiation of treatment are 8-12 years of age and have a refraction of -0.75 to -4.00 diopters (spherical equivalent) with ≤ 0.75 diopters of astigmatism. The lens is to be discarded after each removal.

i1 Compared to a single vision lens over a 3-year period. 2 Cooper, Y. (2019, May 1). With Childhood Myopia Rates on the Rise, the American Optometric Association Highlights the Importance of Early Intervention through Annual Eye Exams. Retrieved from <https://www.aoa.org/newsroom/myopia-rates-on-the-risesyvm>

3Chamberlain P, Logan N, Jones D, Gonzalez-Mejome J, Saw S-M, Young G. Clinical evaluation of a dual-focus myopia control 1 day soft contact lens: 6-year results (2020 American Academy of Optometry Annual Meeting).

4Chamberlain P, et al. A 3-year randomized clinical trial of MiSight® lenses for myopia control. Optom Vis Sci. 2019; 96(8):556-67.

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● Teen Services

This listing includes Ken-Caryl teens who babysit, mow lawns, house or pet sit, or shovel snow. To be included on the list, teens should email their name, number, age, neighborhood and list of services offered to Allison Hefner at AllisonH@kcranch.org or call 303-979-1876, ext. 108. Services: (B) Babysitting; (L) Lawn care; (P) Pet or house sitting; (S) Snow shoveling

Name	Phone	Services	Age	Neighborhood
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Jade Atkinson	720-616-0063	P	15	Aspen Meadows
Hutch Barber	303-249-0468	P	14	Legacy
Colette Bennett	720-415-0311	B, P	16	North Ranch
Preston Bennett	303-520-4411	S	13	North Ranch
Piper Blarr	720-255-6877	B, P	16	Colony
Aliza Bochner	720-880-8336	B, P	17	North Ranch
Eva Bochner	720-899-0033	B, P	16	North Ranch
Mariel Bochner	319-338-4414	B, P	12	North Ranch
Adam Brandland	720-376-1987	L, S	14	Settlement
Abby Burton	720-616-1333	B, P	16	Aspen Meadows
Bridget Cassidy	720-244-1359	B, P	17	Stratford Farms
Hope Cuttitta	303-517-8864	B, P	17	Deer Creek
Ella Daugherty	303-591-2004	B, P	16	Legacy
Quinn Daugherty	303-591-2004	B, P	15	Legacy
Razi Daugherty	303-591-2004	B, P	12	Legacy
Megan Ellis	720-290-2033	B, P, S	14	Heirloom
Jack Famariss	720-434-7033	B, P	14	North Ranch
Ryan Flint	303-517-3749	L,P,S	14	Retreat
Caleb Flint	303-517-3749	L,P,S	11	Retreat
Grant Foster	720-345-3120	L, S	17	Aspen Meadows
Kyla Fouts	303-668-0581	B, L, P, S	13	Mountain Gate
Abbie Gallant	303-517-8864	B,P	17	Deer Creek
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Kyra Goudzwaard	720-552-0175	B, P	15	Barrington Ridge
Nicole Guarino	303-720-3036	B	17	Bradford Place
Cameron Guider	303-868-7198	B,P	14	Aspen Meadows
Will Guider	303-868-7198	L,P,S	14	Aspen Meadows
Kara Hammond	720-979-4069	B, P	13	Carriage Hill
Keegan Hardesty	720-484-9557	B, L, P, S	15	Cimarron
Mac Hardesty	720-672-1225	L, P, S	13	Cimarron
Michael Hefner	303-359-9052	P, L	11	The Spread
Reed Hershey	720-828-3245	B, L, P	12	North Ranch
JJ Heupel	720-372-9476	B, L, P, S	16	Enclave/Traditions
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Reece Hodges	303-667-2606	L, P, S	12	Saddlewood
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Amelia Hopping	720-626-7750	B, P, S, L	14	North Ranch
Erin Hurley	720-600-8261	B, P, S	12	Aspen Meadows
Afton Jones	720-705-9797	B	16	Manor Ridge
Tyler Karchut	605-641-5672	B, P, S	13	Bradford Place
Harrison Kauffman	303-520-4819	L, P, S	17	Wynterbrooke
Salome Kekelia	801-201-1183	B	13	Territory
Eva Kiebler	303-478-6050	B, P	11	Cimarron
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Cadence Leal	303-944-9122	B, P, S,	14	Sunset Ridge
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Andrew Lerudis	720-691-3985	L, P, S	15	Village
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Alec Prinzi	303-810-3221	B, L, P, S	12	Shaffer Hill
Nathan Rector	720-506-5616	S, L	12	Sunset Ridge
Joshua Reisinger	303-587-0927	L, P, S	16	Eagles Pointe
Alessandra Roberts	720-394-3910	B, P, S,	13	Village
Paulina Roberts	720-394-3910	B, P, S	11	Village
Max Ruszkowski	720-517-9066	L, P, S	17	Stallion Pointe
Sebastian Ruszkowski	303-960-9883	L, P, S	13	Stallion Pointe
Nic Sarkisov	720-470-1486	P, S	15	Heirloom
Nicholas Schuster	720-990-7465	B, P	17	Heirloom
Liam Schuster	720-480-0691	B, P	12	Heirloom
Ava Secondo	303-883-2592	B, P	15	Cimarron
Maria Seybert	303-668-5987	B, P	18	Saddlewood
Austin Skeffington	720-308-8704	L	17	Wynterbrooke
Cameron Sternberg	303-949-3691	P	12	Aspen Meadows
Wesley Sternberg	303-949-3691	P	14	Aspen Meadows
Seumas Stevens	720-210-6065	B, L, P, S	14	Bradford Place
Abby Szabo	720-745-1339	B, P, S	15	Aspen Meadows
Ben Szabo	720-413-3072	L, P, S	17	Aspen Meadows
Maddy Szabo	720-768-5452	B, P	15	Aspen Meadows
Cole Torgerson	720-291-9022	B, L, P	19	Legacy
Jack Torgerson	303-981-7617	B, P	16	Legacy
Zane Tweedie	720-688-9440	L, P, S	15	Deerwood Vista
Aiden Tyler	720-448-7638	P, S	15	Cimarron
Catie Watkins	720-705-1656	B, P	14	Manor Ridge
Charlotte Webster	703-655-4428	B,P	16	The Spread
Judah Webster	703-655-4428	B,L,P,S	13	The Spread
Ava Yaley	970-946-8955	B, P	13	Carriage Hill

The Ken-Caryl Ranch Master Association has not screened or run background checks on these teens and makes no representations, guarantees or warranties on their appropriateness, fitness or ability to perform the work for which they are advertising. In addition, the Master Association has not examined any of the tools or machinery they may use to perform the work for which they are advertising and makes no representations, guarantees or warranties on the safety or soundness of the equipment or the ability of the teens to utilize the equipment in a safe and appropriate manner. It is the sole responsibility of the individuals contracting with these teens to make these determinations.



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